

Versa MD Leg Extension Leg Curl

MD-S711



The Versa MD Leg Extension / Leg curl features a low starting weight and incremental weight changes, helping injured or deconditioned clients get started and progress quickly. Range-of-motion limiter restricts the stroke for isometric contractions and protects clients from overextending.

ADJUSTMENTS

ANKLE PAD ADJUSTMENT	Yes, 4 positions
SEAT PIVOT ADJUSTMENT	Yes, 2 positions to align knees with pivot when performing different exercises
THIGH PAD ADJUSTMENT	Yes, gas assisted, 9 positions
USER ADJUSTMENT RANGE	12 user starting positions
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
RANGE LIMITER	Yes
SWING ARM ADJUSTMENT	Yes, pivots thigh pad away from user
BACK PAD HORIZONTAL ADJUSTMENT	Yes, gas assisted, 7 positions
BACK PAD RECLINE ADJUSTMENT	Yes, gas assisted, 4 positions (10°, 20°, 30° and 45°)

FRAME & CABLES

FRAME COLOR	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
FRAME FINISH	Proprietary two-coat powder process
MACHINE ANCHORING	3
CABLE TRANSMISSION	Internally lubricated cables & fittings
AVAILABLE UPHOLSTERY COLOR	Black, American Beauty Red

TECH SPECS

OVERALL DIMENSIONS (L X W X H)	165.4 x 125.4 x 162.5 cm / 65.2" x 49.4 x 64"
MAX USER WEIGHT	159 kg / 350 lbs
PRODUCT WEIGHT	340 kg / 750 lbs

USER AMENITIES	
FRONT PLACARDS	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
REAR PLACARDS	Color-coded machine identification & machine specific stretching
CONTOURED SEAT	Yes
PERSONAL STORAGE	Storage Area
PLACARD COLOR CODING	Blue (lower body)

WEIGHT STACK	
WEIGHT STACK GUARDING	Full front and rear shields
MAX TRAINING WEIGHT	94.6 kg / 208 lbs
WEIGHT STACK	91 kg / 200 lbs
INCREMENTAL WEIGHT SYSTEM	.9, 1.8, 2.7, 3.6 kg / 2, 4, 6, 8 lbs