



Versa MD Adjustable Pulley

MD-AP

The Versa MD Adjustable Pulley features low starting weight and incremental weight changes, helping injured or deconditioned clients get started and progress quickly. Single-handed height adjustment allows for easy transition between 35 clearly numbered adjustment points, providing maximum training versatility.

ADJUSTMENTS	
1-HANDED PULLEY ADJUSTMENT	Yes
FRAME & CABLES	
FRAME FINISH	Proprietary two-coat powder process
AVAILABLE FRAME COLOR	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
CABLE TRANSMISSION	Internally lubricated cables & fittings
TRANSPORTATION WHEELS	Yes (Optional)
CABLE TRAVEL	201cm / 79"
MACHINE ANCHORING LOCATIONS	3
TECH SPECS	
PRODUCT WEIGHT	174 kg / 384 lbs
OVERALL DIMENSIONS (L X W X H)	107.2 x 125.0 x 228.0 cm / 42.2" x 49.3" x 89.8
ROM POSITIONS	35
MAX USER WEIGHT	N/A

USER AMENITIES	
PLACARD COLOR CODING	Yellow (upper body), Blue (Lower Body), Green (Core)
MEDICAL STABILITY HANDLES	Yes (Optional)
BALANCE BAR	Yes (Optional)
COLOR CODED POINTS OF ADJUSTMENT	Yes
IFI COMPLIANT	Yes (Optional Kit)
WEIGHT STACK	
MAX TRAINING WEIGHT	71.6 kg / 158 lbs
WEIGHT STACK GUARDING	Full front and rear shields
STARTING WEIGHT	2.3 kg / 5 lbs.
INCREMENTAL WEIGHT SYSTEM	.9, 1.8, 2.7, 3.6 kg / 2, 4, 6, 8 lbs
INCREMENTAL WEIGHT EFFECTIVE RESISTANCE	.45, .9, 1.35, 1.8 kg / 1, 2, 3, 4 lbs
WEIGHT STACK EFFECTIVE RESISTANCE	34 kg / 75 lbs
WEIGHT STACK	68 kg / 150 lbs