



Versa Functional Trainer w/30" Storage

VS-VFT + VS-FTS30

The smart design of our functional trainer provides a remarkable range of exercise options in a space-saving footprint. Incremental weight adjustment and a 1:2 pulley ratio make it easy to control exercise intensity and create progressions right for everyone from deconditioned users to elite athletes. Everything about our functional trainer — from the multi-grip pull-up bar to the color-coded adjustment points to the professionally illustrated exercise placards — offers intuitive operation for users and trainers alike. Optional storage makes it easy to organize and stow accessories for instant access, and the completely enclosed design protects moving parts while creating a solid, cohesive aesthetic on your floor. A 76 cm / 30" connection provides ample storage for functional training accessories. Options include VS-VFT60 heavy stack for an additional 27.2 kg / 60 lbs. of resistance per side, VS-FTHP handle package with four training handles (v-bar, curl bar, ropes, ankle strap) and VS-FTIW 2.2-kg / 5-lb. incremental weight.

- Also available: VS-FTS18 46 cm / 18" connection accommodates optional training handles
- 76 cm / 30" connection provides ample storage for functional training accessories
- Optional accessory: VS-FTHP Handle package include four training handles
- Optional: VS-VFT60 Heavy stack for added 13.6 kg / 30 lbs. of effective resistance per side
- Compact design accommodates placement in spaces with ceilings as low as 244 cm / 8'
- Enhanced placards highlight targeted muscle groups and proper user positioning for a wide range of exercises
- Fully enclosed weight stacks protect the machine's internal components
- One-handed pulley adjustment offers easy operation
- Clearly indicated adjustments for ease of use
- 1:2 pulley ratio provides smooth operation
- Frame guards protect against chips and scratches
- Multi-position pull-up handles for greater exercise variety

| ADJUSTMENTS | |
|---|-----------------------|
| USER ADJUSTMENT RANGE | 18 user start options |
| COLOR CODED PIVOTS & POINTS OF ADJUSTMENT | Yes |

| FRAME & CABLES | |
|--------------------|--|
| FRAME GUARDS | Bolt-on lower guards protect frame from damage |
| FRAME FINISH | Proprietary two-coat powder process |
| MACHINE ANCHORING | Machine anchoring locations |
| FRAME COLOR | Iced Silver |
| CABLE TRANSMISSION | Internally lubricated cables & fittings |

| TECH SPECS | |
|---------------------------------|--|
| OVERALL DIMENSIONS (L X W X H) | 122.7 x 145.8 x 237.6 cm / 48.3" x 57.4" x 93.5" |
| PRODUCT WEIGHT (STANDARD STACK) | 369 kg / 814 lbs. |
| PRODUCT WEIGHT (HEAVY STACK) | 424 kg / 934 lbs. |

| USER AMENITIES | |
|-------------------------|---|
| PERSONAL STORAGE | Bottle holder, storage area and towel holder (towel holder on rep counter only) |
| PLACARD COLOR CODING | Yellow (upper body), Blue (lower body), Green (core) |
| MULTI-GRIP PULL-UP BARS | Various grip angles for variety of exercise |
| PLACARDS | Muscle call outs, color-coded, start & finish exercise illustrations |
| ACCESSORY STORAGE | Integrated storage for attachments, incremental weights, and optional accessories |

| WARRANTY | |
|-------------|----------|
| ACCESSORIES | 6 months |

| WEIGHT STACK | |
|-----------------------|--|
| WEIGHT STACK GUARDING | Full front and rear shields |
| INCREMENTAL WEIGHT | 5 lbs (2.3 kg) |
| HEAVY STACK | 95 kg / 210 lbs. (47.5 kg / 105 lbs. per side) |
| STANDARD STACK | 68 kg / 150 lbs. (34 kg / 75 lbs. per side) |