



Triceps Press

Keystone | VST700-PL42

For strength training enthusiasts who want to isolate their triceps, our triceps press station makes it easy with a thoughtful design and customizable resistance options. It's been tested to withstand over a million reps, more than four times the industry standard, and refined ergonomics keep even the most intense sets comfortable. Best of all, our ultra-stable design is as easy-to-use as it is low-maintenance.



Frame

Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process
Frame Construction	Heavy duty commercial steel frame tubing, robotically welded

Tech Specs

Overall Dimensions	161.4 x 121.3 x 129.8 cm / 63.5" x 47.8" x 51.1"
Product Weight	94 kg / 207 lbs.
Max User Weight	150 kg / 331 lbs.
Max Training Weight	150 kg / 331 lbs.
Starting Resistance	3 kg / 6.6 lbs.

User Amenities	
Instructional Placards	Muscle call outs, start and finish exercise illustrations, QR code link to how-to videos
Upholstery	Polyurethane molded foam
Elastic Band Peg	Allow elastic resistance training
Weight-storage Horns	No
Adjustable Seat	Roller-ratcheting gas assist seat adjustment
Adjustable Press Handles	Flippable dual position press handles