



Smith Machine

Keystone | VST700-PL62

Now dedicated strength training enthusiasts can take on a variety of heavy lifts with a Smith Machine featuring a 90-degree path of motion. It's been tested to withstand over a million reps, more than four times the industry standard, and refined ergonomics keep even the most intense sets comfortable. Best of all, our ultra-stable design is as easy-to-use as it is low-maintenance.

Product availability may vary by region. Please contact your [local office](#) for more information.



Frame

Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process

Tech Specs

Overall Dimensions	224.3 x 122.5 x 232.2 cm / 88.3" x 48.2" x 91.4"
Product Weight	204 kg / 449 lbs.
Max User Weight	150 kg / 330 lbs.
Max Training Weight	250 kg / 550 lbs.
Starting Resistance	9.7 kg / 21 lbs.

Instructional Placards	Muscle call outs, start and finish exercise illustrations
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Weight-storage Horns	6 weight-storage horns for max 20-kg / 45-lb. plates
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