



Shoulder Press

VST600-S23

When it comes to toning and building deltoids in your fitness center, our Selectorized Shoulder Press station is tougher than you can imagine and more comfortable than you'd expect. It's been tested to withstand over a million reps, more than four times the industry standard, and an easily adjustable ergonomic design makes it comfortable for virtually anyone to sit down and start redefining their shoulders.

Product availability may vary by region.
Please contact your [local office](#) for more information.



User Amenities

Instructional Placards	Muscle call outs, start and finish exercise illustrations
Contoured seat	Yes
Placard Color Coding	Yellow (upper body)

Weight Stack

Weight Plate Increments	4.5 kg / 10 lbs.
Total Stack Weight	68.2 kg / 150 lbs.
Consistent Stack Height	Yes
Weight Stack Guarding	Full front and rear shields

Adjustments	
User Adjustment Range	5 user height positions
Color-coded Pivots & Points of Adjustment	Yes
Frame & Cables	
Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process
Machine Anchoring	4 anchoring locations
Cable Transmission	Internally lubricated cables and fittings
Tech Specs	
Overall Dimensions	150.9 x 142.0 x170.5 cm / 59.4" x 55.9" x 67.1"
Product Weight	194.2 Kg / 427 lbs.