



Rotary torso

VST600-S55

If the people at your fitness center want to strengthen their core and back muscles, our Selectorized Rotary Torso station is tougher than you can imagine and more comfortable than you'd expect. It's been tested to withstand over a million reps, more than four times the industry standard, and an easily adjustable ergonomic design makes it comfortable for virtually anyone to sit down and start improving their core and back.

Product availability may vary by region. Please contact your [local office](#) for more information.



Weight Stack

Weight Stack Guarding	Full front and rear shields
Consistent Stack Height	Yes
Weight Plate Increments	4.5 kg / 10 lbs.
Total Stack Weight	68.2 kg / 150 lbs.

User Amenities

Contoured seat	Yes
Placard Color Coding	Red (core)
Instructional Placards	Muscle call outs, start and finish exercise illustrations

Tech Specs	
Product Weight	197.3 kg / 435 lbs.
Overall Dimensions	133.0 x 130.0 x 170.5 cm / 52.4" x 51.2" x 67.1"
Adjustments	
User Adjustment Range	8 user start options
Color-coded Pivots & Points of Adjustment	Yes
Frame & Cables	
Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process
Machine Anchoring	4 anchoring locations
Cable Transmission	Internally lubricated cables and fittings