



## Lat Pulldown

Keystone | VST700-PL33

Count on our Lat Pulldown station to help strength training enthusiasts build their major back muscles with diverging independent arms and a natural, effective path of motion. It's been tested to withstand over a million reps, more than four times the industry standard, and refined ergonomics keep even the most intense sets comfortable. Best of all, our ultra-stable design is as easy-to-use as it is low-maintenance.



Product availability may vary by region.  
Please contact your [local office](#) for more information.

### Frame

Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process

### Tech Specs

Overall Dimensions	168.8 x 162.3 x 195.5 cm / 66.5" x 63.9" x 77"
Product Weight	147 kg / 325 lbs.
Max User Weight	150 kg / 330 lbs.
Max Training Weight	300 kg / 660 lbs.
Starting Resistance	3.7 kg / 8 lbs.

User Amenities	
Instructional Placards	Muscle call outs, start and finish exercise illustrations
Upholstery	Polyurethane molded foam
Elastic Band Peg	Allows elastic resistance training
Weight-storage Horns	4 weight-storage horns for max 25-kg / 55-lb. plates