



Hack Squat

Keystone | VST700-PL81

For a complete lower body workout, our Hack Squat station can satisfy the needs of the most dedicated strength training enthusiasts. It's been tested to withstand over a million reps, more than four times the industry standard, and refined ergonomics keep even the most intense sets comfortable. Best of all, our ultra-stable design is as easy-to-use as it is low-maintenance.



Product availability may vary by region.
Please contact your [local office](#) for more information.

Frame

Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process

Tech Specs

Overall Dimensions	219.1 x 136.4 x 145.1 cm / 86.3" x 53.7" x 57.1"
Product Weight	200 kg / 440 lbs.
Max User Weight	150 kg / 330 lbs.
Max Training Weight	250 kg / 550 lbs.
Starting Resistance	36 kg / 79 lbs.

User Amenities	
Instructional Placards	Muscle call outs, start and finish exercise illustrations
Upholstery	Polyurethane molded foam
Elastic Band Peg	Allows elastic resistance training
Weight-storage Horns	4 weight-storage horns for max 25-kg / 55-lb. plates